



Research MRI Appointment Information

If you have cold or flu-like symptoms please contact your study coordinator and cancel your appointment

- Please arrive 30 mins prior to your appointment time.
- You will be required to fill out a MRI Safety Screening form. Be prepared to answer questions about your medical history.

Preparations for MRI Scanning

- There are no specific dietary or other preparations for your MRI scan. Take your medications as usual.
- You will have to change into hospital clothes for your scan and remove all metal and electronic items
- Cotton/Poly blend undergarments and socks can be worn (no socks made by sportswear manufacturers or anti-microbial fabrics may be worn).
- You must remove ALL piercings regardless of type of metal and location
- For brain studies please do not wear eyeliner or have wet hair.
- Do NOT wear scented body products for the safety of our staff and other patients.
There is a no-scent policy in the hospital.

MRI Safety Reminder

The most important part of preparing for your MRI scan is ensuring your safety. If you have any surgical implants these may be affected by the strong magnetic fields used in the MRI process. Most implants are not affected by MRI, but if you have any of the following you will not be able to participate in the MRI study:

- Retained wires from an electronic implant that has been removed (i.e. pacemaker wires not attached to a pacemaker)
- Cardiac pacemaker or defibrillator
- Metal in eye or orbit
- Ferromagnetic aneurysm clip
- Pregnancy
- Makeup tattoos that are not designed to fade over time
- Stainless steel intrauterine device (IUD)

If you have any of the following you MAY not be able to participate in the MRI study:

- Artificial heart valve
- Ear or eye implant
- Brain aneurysm clip
- Implanted electronic device (i.e. drug infusion pump, electrical stimulator)
- Coil, catheter, or filter in any blood vessel
- Orthopedic hardware (artificial joint, plate, screw, rod)
- Shrapnel, bullets, or other metal fragments
- Surgery, medical procedure or tattoos (including tattooed eyeliner) in the last six weeks
- Other metallic prostheses

If you have any of the above contraindications or are not sure contact your study coordinator.

If necessary your individual case will be reviewed by the UBC MRI Research Centre MR Technologist and/or UBC Hospital Radiologist, and a decision will be made regarding your participation in the study. In many cases, an operative report may be required to assess the nature of the implants in your body

Directions to the Centre for Brain Health MRI Scanner:



Charles E. Fipke Integrated Neuroimaging Suite

Room LL190, Djavad Mowafaghian Centre for Brain Health
2215 Wesbrook Mall, Vancouver BC V6T 1Z3

The Centre for Brain Health is located in front of the Koerner Pavilion of the UBC Hospital. Enter through the main entrance of the Centre for Brain Health and take the elevators or stairs down one floor to the ground floor. The imaging suite is located directly across from the elevator doors.

